

BIBLE TEACHING AND WORSHIP GUIDE



FOR THE HOME-BASED CHURCH

Produced Weekly

Jesus Demonstrates His Power
Mark 4:35-41; 5:21-43

Copy this sheet for the Gathering Time, Bible Study, and Worship Experience leaders for the next meeting of the church.

Leaders' Responsibilities:

Important: Each person who will be leading one of the three parts of a session during a Unit of sessions needs to have access to the "Basic Information for Leading the Unit of Study". That information is often provided at the beginning of that Unit of sessions. The weekly session "Background" located in the Teacher Preparation is much more specific to that day's study.

1. **The Gathering Time Leader** will gather all of the people together and help them prepare their minds and hearts for a wonderful worship experience before God. His/her responsibility is to introduce the congregation to the theme (content) and the Scripture that will be central to their worship experience for the day.

2. **The Bible Study Leader** will then help the people understand what the Scriptures have to say and teach us about the content of the study for the day. He/she will guide the people to make a general application of the study (ie: How does this Bible study apply to people today?)

3. **The Worship Time Leader** has the responsibility to use the theme and Scriptures to guide the congregation to make personal commitments to God's will for each one in regard to the study for the day. He/she will use others to lead in the music, taking the offering, ministry moment comments, and other activities and parts of the **Worship Time** that can aid in participatory worship.

Prior to this Coming Session:

Bible Study leader

1. Bring current newspapers that the youth can cut up.
2. Have a large piece of poster board and glue ready and available for the youth to use during their Bible Study application time to make a collage. Remember that they only have a few minutes for their application time.
3. Be responsible to ensure that the collage is kept to be used again during next week's "Youth!!! Take Ten" time.

Music and/or Worship Time leader

1. Bring musical instruments for your church to use. These could include rhythm sticks, maracas, bells, etc. Leave them to be used other occasions at your place of worship, if possible.
2. Write John 3:16 on cards or paper to be used during the Worship Time.
3. Choose the music prior to the service.
4. Ask three persons (youth or adult) to each read a verse and refrain of the hymn, "Peace! Be Still!" found at the end of the Worship Time section. Make copies for each of the three readers and give them the copies ahead of time. Ask them to practice reading their part with meaning and dramatic emphasis so that they are comfortable with the older language.

Music Sources:

"Through it All" by Andre Crouch. *Hymns for the Family of God*, p. 43

"Burdens are Lifted at Calvary". *Hymns for the Family of God*, p. 60

"My Faith Has Found a Resting Place". *Hymns for the Family of God*, p. 75

"Because He Lives". *Hymns for the Family of God*, p. 292

Gathering Time: (Suggested time: 15 minutes)***Jesus Demonstrates His Power*****Focal Text**

Mark 4:35-41; 5:21-43

Background Text

Mark 4:35-5:43

Main Idea

Jesus' victory over the storm and over disease and death confirm that Jesus can help us with any difficulties we experience.

Question to Explore

What difference can Jesus actually make in the difficulties of our lives?

Teaching Aim

To help the group tell how they have experienced Jesus' loving care in the difficulties of

Gathering together:

Open the service by singing a song that speaks of God's care in difficult times.

First thoughts:

This is a day in the lives of Max and Tiny. Max is a very large dog that likes everybody. He only barks when an emergency vehicle passes by with the siren screaming. Tiny is a small, nervous, and noisy dog. They live in the same back yard. A preacher walked up to the house to visit the family that lived there. Neither dog recognized him. Max always stood behind Tiny in these stressful situations. Tiny barked and snarled at the preacher. He looked so vicious with Max standing behind him. Tiny failed to notice that Max grew tired of watching him bark. Max quietly walked over to lay in the shade of a large tree. Suddenly, Tiny felt alone. He turned and found that he was alone! He ran away crying like a coward. Without Max he was just a little dog.

When we face life alone, we can be so afraid. If we stand with Jesus, we can be very brave. We can overcome the world. We can defeat the devil, "because the one who is

in you is greater than the one who is in the world.” (1 John 4:4) Our lesson today is about our need of Jesus in every area of our lives.

Closing the Gathering Time:

Take time at this point to mention items of prayer concern for the church, announcements of ministry or activities, and anything else that needs to be shared with or by the congregation. Pray for these needs. Remember to praise God in prayer.

Break time! Take five minutes between sessions. Encourage children to use the washroom so that they won't need to leave during the Bible Study time.

Distribute youth/adult Bible study outlines or paper for note-taking, if available.

Also hand out the activity sheets for preschool and younger children to use during Bible Study and/or worship.

Note to the Bible Study Leader: Suggested teaching time for the Bible study should be about 35 minutes. Use the “Teacher Preparation” for your personal study during the week before the session. Use the “Bible Study Plan” for the actual session.

Teacher Preparation

Jesus Demonstrates His Power

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Introduction to your personal study:

Landslides, floods, tornadoes, blizzards, illness of self or family, loss of employment, financial loss, accident, terrorism, death. These are some of the situations that people face today. Some of these situations are brought about by our own actions, some by other people, and some are caused by nature. Life is not always tranquil and smooth. Problems arise. They can be dealt with properly or poorly. A person can have help in facing the problem by relying on Christ. Jesus has the power to help individuals through these needs and have fullness of life.

Background:

Please ask for and read the information contained in the “**Basic Information for Leading the Unit of Study**”, found at the beginning of this Unit. Whoever downloaded this session for you should have that material for you as well.

Focusing on the Meaning:

Jesus' Power Over Nature Demonstrated (Mark 4:35-41)

Mark 4:35 In the evening Jesus was ready to conclude a day of teaching. It was after sunset but before dark. He proposed to the disciples that they go in the boat to the other side of the sea. The boat would be small enough that it could be pulled up on the beach. The Sea of Galilee was a thirteen mile lake through which the Jordan river flowed.

Mark 4:36 They left the crowd. The crowd had been so large that Jesus had taught from the boat. Jesus went with the disciples just as he was; in the same clothes he was wearing as he taught during the day.

Mark 4:37 A storm came up as they were sailing. The surface of the sea was so troubled that water came over the edges and the boat was filling with water. The lake which was ordinarily calm could have six foot waves as the wind churned down from surrounding hills.

Mark 4:38 In the middle of the crisis Jesus was at the back of the boat asleep on a pillow. An old saying is "Anyone who can remain calm in this situation does not really understand the situation." Jesus did understand the situation yet was calm. Jesus was relaxed enough in this situation to be asleep. The disciples, alarmed, woke Jesus. It was not enough to have Jesus with them. They wanted him awake and conscious of their peril. They complained to Jesus that it appeared he didn't even care if they drowned. There was fear, irritation and anger in their question.

Mark 4:39 After being awakened, He got up and reprimanded the wind and commanded the waves to be still. The wind stopped. The surface of the sea was calm. Jesus demonstrated his power over nature, something that man cannot yet do. Weather can be predicted by man but cannot be controlled by him. Imagine the change from six foot swells to a calm surface on the lake.

Mark 4:40 On this now calm lake surface, Jesus questioned the disciples. Two questions he asked. Why were they afraid? Did they not have faith? The faith they had not exhibited would have overcome their fear. That faith would have been trust and dependence on God for protection.

Mark 4:41 The disciples had feared the storm. Now they feared Christ. They felt that they had offended him by their unbelief. They now understood that Jesus had power over the wind and the waves. They were learning of the true identity of Christ. Their fear changed from the wind and storm to fear of the one who could control the wind and storm.

Jesus' Power Is Needed (Mark 5:21-26)

Mark 5:21 Jesus' teaching drew large groups of people. On the Western side of the lake another big group gathered.

Mark 5:22 The name, Jairus, is the Greek form of the Hebrew "Jair". This name is mentioned in Judges 10:3-5 for a man used in the conquest of Canaan. A judge in Israel in Judges 10:3-5 has the same name. The Jairus in our study was a synagogue leader. He recognized Jesus' greater power by humbling himself at his feet.

Mark 5:23 Jairus appealed to Jesus on the behalf of his dying daughter. In his request he indicated his belief that Jesus could heal her so she could live.

Mark 5:24 Jesus responded to Jairus' request and set off with him. The large group of people that had gathered at the lake went with Jesus and crowded closely around him.

Mark 5:25 An unnamed woman was there who had suffered from bleeding for twelve years. She was also ceremonially unclean as described in Leviticus 15:25.

Mark 5:26 Medical care among the Jews during this time was a very primitive science. Despite the spending of all her financial resources on care she got worse rather than becoming well.

Jesus' Power Over Physical Ailment (Mark 5:27-34)

Mark 5:27 She had heard about the ministry of Jesus. She was seeking a change in her physical condition. She worked her way through the crowd of people. She got close enough behind Jesus to touch Him.

Mark 5:28 She had full confidence that if she just touched his coat she would be well.

Mark 5:29 Twelve years of suffering ended as she touched the border of his garment. It was not only relief that came to her but a mental consciousness that the disease was gone.

Mark 5:30 Jesus was aware of the movement of the power of God through him to another. It did not mean Jesus was weaker because of the event. He felt the transfer of power. He turned to see the person to whom it had passed. He questioned the crowd seeking to discover that individual.

Mark 5:31 With people all around, the disciples seemingly reprove Jesus by letting him know how crowded it was.

Mark 5:32 But Jesus kept looking around to see who had done it. He did not want the woman to leave healed but with a superstition based on the mere touching of his coat. He desired that she have a more complete faith.

Mark 5:33 The woman, conscious of her healing, responded courageously. She fell at Jesus' feet. She told him the story of suffering and anguish.

Mark 5:34 The woman received compassion, healing, and forgiveness of sin because of her faith.

Jesus Demonstrates Power Over Death (Mark 5:35-43)

Mark 5:35 Jesus was still talking to the woman when servants came and told Jairus that his daughter was dead and therefore it was too late for Jesus to go to the house. The servants did not recognize that Jesus had the power to raise people from the dead.

Mark 5:36 Jesus overheard and ignored their comments. Then to the ruler of the synagogue he said, "Don't fear. Have faith. Keep trusting."

Mark 5:37 There are several reasons why only the father, Peter, James, and John accompanied Jesus. It might have been to hurry, it could have been to avoid extra publicity, or it could have been because the house was small. This inner circle of the three disciples is again seen at the Mount of Transfiguration and at the Garden of Gethsemane.

Mark 5:38 Upon arriving at the house Jesus saw the disturbance and heard the noise. Crying and wailing was the custom. Sometimes people were employed to mourn. The cry was a monotonous wail.

Mark 5:39 Jesus confronted the mourners. He asked why they were crying and wailing. Then he told them the child was not dead but asleep. Some students say that the girl was not really dead. Others say that Jesus meant that though the girl was dead, she would not stay dead.

Mark 5:40 The mourners jeered at Jesus. They continued until Jesus removed them from the room. Jesus took the father, mother, and the three disciples into the room where the daughter lay.

Mark 5:41 Jesus, holding the girl's hand, said, "Little girl, get up!" The word, "get up" or "arise" had an imperative, authoritative ring to it. It was similar to waking a child from a nap. In this instance, Jesus touched the girl. In the earlier encounter with the woman, she initiated the contact. Here, Christ restored life to the girl with a touch and a word of power.

Mark 5:42 In a single act, the girl got up. Then she walked. Notice that Mark mentioned that the girl was age twelve as an indication that she was old enough to walk. There was ecstasy in the room. They acknowledged that something wonderful had happened but they did not completely understand it.

Mark 5:43 Jesus commanded that they were not to share reports of this miracle. But how could such an event not be shared? Jesus then went ahead and cared for the basic need of food for the girl. Jesus shows his concern for the eternal and for the daily needs of people in this experience.

Your Goal as the Leader of this Bible Study:

All kinds of difficulties come to people. Cancer, accident, death, economic difficulties, lovelessness, marital discord, child rebellion—a person can feel powerless to confront these situations. In other cases we have limited resources to deal with them. A person can be overwhelmed with problems. These scriptures show Jesus' power to help the disciples by calming the waves. It shows the power Jesus had to heal the woman who had suffered much from other healers. It demonstrates his power over death by raising Jairus' daughter. Jesus can help individuals in any situation and difficulty. Sometimes he changes the situation or solves the problem. At other times he gives the individual the strength to deal with the predicament. Jesus still can assist us with any difficulty we have.

For Personal Reflection:

1. **What have I learned from this study?**

2. **What personal experience does this lesson bring to mind?**

3. **What is one action I will take this week to apply this Scripture passage to my life?**

Bible Study Plan (Suggested time: 35 minutes)

Jesus Demonstrates His Power

Regroup the church after the Gathering Time and break by singing a chorus that young children can relate to—or another praise chorus if your congregation does not have children. Children who go to their own Bible teaching session should stay with the group until after this song. Have the preschoolers and children accompany the hymn with rhythm sticks, maracas, bells, etc. Children who stay with their parents in the Youth/Adult study should have the material on worship as suggested in **The Children's Corner** at the beginning of this **Unit** of studies. (Ask your leader who downloads the studies for those suggestions).

Begin by helping the group locate the Focal Text in their Bibles. Also, share with them the Main Idea to be learned from the Scriptures, and the Questions to be Explored by the group.

Focal Text

Mark 4:35-41; 5:21-43

Background Text

Mark 4:35-5:43

Main Idea

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Question to Explore

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To help the group tell how they have experienced Jesus' loving care in the difficulties of

Connect with Life:

It is important to get the attention of the group before beginning the study of the scripture. People have had many things on their mind as they come to your study. They are not mentally ready to jump in the learning. By beginning with an activity that relates to their life today they can more easily shift their thinking. Then after they are thinking of their everyday life you can move it to the scripture. Look at the first question

below and see how it introduces the subject of difficulties. From there you move to help them see the trouble the disciples were having.

Guide the Study:

Ask: What are some of the difficulties that individuals and families face today? Receive answers. Some possible answers include: being unloved, financial shortage, illness, poor school situations, busy schedules.

Say: We look today at how God can help us in difficult times.

Say: Find a difficult situation that the disciples were in as stated in Mark 4:35-41. Read scripture.

Ask: What difficulty did the disciples face? Get responses. It is best if the teacher lets the pupils answer the question rather than immediately giving the answer himself. Give enough time after the question for them to answer. Sometimes there are several moments of silence as the pupils examine the scripture and consider the answer before they verbally answer.

Ask the following questions one at a time:

Ask: While the disciples were concerned about the waves, what was Jesus doing? What was his action when he was awakened?

Ask: What was the result of his action?

Ask: What was the response of the disciples?

State: In this passage we see Jesus' power over nature.

Say: In our next scripture we find two difficult situations. Look in Mark 5:21-34 to find these situations. Everyone, please read the scripture silently.

Ask: What are the situations? (Be sure the group include both Jairus' request for his daughter and the woman with the issue of blood).

After getting answers, briefly review the incident.

Ask: What difficulties did the woman face? (She was a woman in poverty, she had suffered much from healers and there was a large crowd separating her from Jesus).

Say: Look in verse 29 to see what happened when the woman touched Jesus' cloak.
Ask for the answer.

Using the material from the **Teacher Preparation** briefly explain v. 30-34.

Say: Let's read Mark 5:35-40 and see what the attitude and actions of the onlookers was to Jesus' ministry to Jairus and his daughter.

Read scripture.

Pose this question: What did the onlookers do? Probe participants to discover these answers. ("They said that the daughter is dead" in v. 35. "Don't bother Jesus anymore" in v. 35. "Made commotion" in v. 38. "Laughed at Jesus" in v. 40.)

State, Now let's look in Mark 5:36-43 to see what Jesus did. Help members to discover these answers: ("Told Jairus not to be afraid and believe" in v. 36. "Took only three disciples to home" in v. 37. "Saw commotion" in v. 38. "Questioned commotion" in v. 39. "Said that the girl was not dead but asleep" in v. 39. "Put people out" in v. 40. "Took the girl by hand and told her to get up" in v. 41. "Gave orders not to tell about this event" in v. 43. "Told them to give the girl something to eat" in v. 43.)

Explain Jesus' command in v. 41 about not letting anyone know about the event.

Encourage Application:

If you have two or more youth, this is the time to give them the **Youth!!! Take Ten** page and allow them to move away from the adults and apply the lesson by and for themselves.

Say: In this study we have seen the power of Jesus over wind and nature, over human physical illness, and over death.

Ask: What are some of the ways you have experienced Jesus' loving care? Pause. Give class members time to consider each question. Allow time for them to respond. Acknowledge each member's contribution. It is not necessary or necessarily helpful to evaluate each statement other than to say "yes," or "thank you."

Ask: Will you share how God used his power to help you in difficulties?

Comment: God has worked in many ways in our lives and will continue to work if we allow him.

Lead in prayer thanking God for using his power to help us in our lives in the past and ask him to be willing to let him work in our lives in the future.

Take a five minute break to separate the Bible Study and Worship Time. Children may need to use the washroom again before worship.

Youth!!! Take Ten

Bible Study Application for Youth

You may wish to move away from the adults for the final five to ten minutes of the Bible study and help each other as youth to apply the lesson to your own needs.

Jesus Demonstrates His Power

Mark 4:35-41; 5:21-43

A youth will lead the following activity and comments. No adults need to be present. If possible, teens should take turns in leading the application time.

Do We Really See Human Need?

(Note: Your Bible Study leader was asked to provide you with current newspapers, glue, poster board, and markers for your use today).

Take the newspapers and cut out a few stories indicating examples of human need.

Make a collage of these stories and paste the collage on the poster board. Decorate it a bit and write descriptive words on and around the articles such as PAIN, TROUBLE, TEARS, AGONY, SUFFERING, etc.

Pray this prayer: "Lord, we don't know these people but we feel their pain. We pray that you will meet their needs even as we pray. Lord, show us how we can meet the needs of people in your name this week.

Prepare to share the collage with the congregation in the worship service.

Also, find a place to keep the collage for next week's meeting. You will need it again.

Worship Time (Suggested time: 30 minutes)***Jesus Demonstrates His Power*****Mark 4:35-41; 5:21-43****Beginning the Service:**

Ask children to begin the worship time by singing “Jesus Loves Me” with the accompaniment of maracas, rhythm sticks, triangles, and bells (or whatever they have).

Praying for the World:

Ask youth to share the collage of stories of people in need which they prepared in their Bible Study time.

Offering:

Mention ways that your offerings and tithes can be used by your church to meet human needs.

Sharing Guide:

This sharing guide is written to assist the person who directs the worship time to reemphasize the teaching for the day and help guide the congregation to respond to God’s call and will for their lives in regard to the scripture studied. The leader may choose to follow the guide closely. Or, he or she may wish to only use it to give direction and a concept for preparing an original message. The leader is free to choose other ways to communicate and share the concepts presented here.

“Help for Hopeless Cases”

Text: Mark 4:38b “Teacher, don’t you care if we drown?”

Laura is a faithful Christian servant. She has taught Bible classes for years. Her husband is a faithful deacon. They love Christ. A few months ago she had some medical tests and was diagnosed with inoperable liver cancer. The bleak prognosis raised some familiar questions: “God, how could you let this happen to me? What have I done wrong? Don’t you love me?” It sounded like the disciples asking Jesus, “Teacher, don’t you care if we drown? (Mark 4:38b)”

The disciples sounded hopeless. They were unable to keep the boat afloat. They knew their only hope was Jesus, but did he care? He did care and he did help. When life seems hopeless, we need to turn to Jesus who loves us.

1. We must accept that sometimes life seems hopeless.

The disciples felt hopeless as they faced a terrible storm while they were doing what Jesus had told them to do. Jairus felt hopeless as his daughter faced a terrible disease that took her life. The woman with the hemorrhage felt hopeless dealing with an incurable disease that had plagued her for twelve years. There are times when we all feel hopeless and wonder if God even cares.

2. When life is hopeless, we should go to Jesus for help.

The disciples tried everything to keep the boat afloat before they turned to Jesus. Jairus waited too long. His daughter died while he sought help from Jesus. He may have felt it was not proper for a leader of the synagogue to seek such help. The woman with the hemorrhage had tried all other sources of help, but thought she could sneak up on Jesus and get help without being noticed. Jesus did not let her get by with the sneak attack.

Jesus did not heal everyone that came to him. We know that he did not remove the thorn from Paul's flesh, even though he prayed three times for its removal. God's answer to Paul was, "My grace is sufficient for you (II Corinthians 12:9)." When we turn to Jesus, He turns our hopelessness to amazement (Mark 5:42).

3. When we come to Jesus for help, we overcome fear with faith.

Jesus questioned the disciples about their faith (Mark 4:40). He confronted the woman with the hemorrhage. She must understand that it was her faith, not a magic formula, that healed her (Mark 5:34). Jairus and his wife had faith enough to allow Jesus to defy the professional mourners and give new life to their daughter (Mark 5:36; 40-43).

We are people of faith. We walk by faith. We live by faith. We pray by faith. We face life by faith. Do you ever wonder if God loves you when life seems hopeless? Perhaps the best reminder of God's love is the cross of Christ. Jesus died for us because we are helpless. When you wonder about God's love, repeat John 3:16 to yourself. That is a clear reminder that God helps the helpless.

Now let's repeat John 3:16 together.

Note: Have John 3:16 from the one Bible translation written on cards or pieces of paper (or on one large sheet) for the congregation to say together at this time.

Call to Commitment:

After the initial shock of the diagnosis of cancer, Laura realized that Jesus is Lord of life, death, and life again. God has through medical treatment granted her life to this point. She does not know how much longer, but each day is a blessing. She can continue to serve him and enjoy her life. When the end comes, it is just a beginning, because Christ has helped her in her hopelessness.

The wonderful truth of the gospel comes when each of us realize, like Laura, that Christ will help each of us in our hopelessness.

Concluding the Service:

Three readers should prepare ahead of time to read the old hymn by Mary A. Baker written in 1874. The reading is a prayer and should close the service.

Note: (These same three readers will also begin next week's "Gathering Time" with a repeat of this same prayer hymn).

1. Master, the tempest is raging! The billows are tossing high!
The sky is o'shadowed with blackness, No shelter or help is nigh:
"Carest Thou not that we perish?" "How canst Thou lie asleep,
When each moment so madly is threatening
A grave in the angry deep.

Refrain:

**"The winds and the waves shall obey My will, Peace, be still!"
Whether the wrath of the storm-tossed sea, Or demons, or men, or whatever it be,
No water can swallow the ship where lies
The Master of ocean and earth and skies;
They all shall sweetly obey My will;
Peace, be still! Peace, be still!
They all shall sweetly obey My will;
Peace, peace, be still.**

2. Master, with anguish of spirit I bow in my grief today;
The depths of my sad heart are troubled; O waken and save, I pray!
Torrents of sin and of anguish Sweep o'er my sinking soul!
And I perish! I perish, dear Master: O hasten and take control!

Refrain: (Repeat the refrain)

3. Master, the terror is over, The elements sweetly rest;
Earth's sun in the calm lake is mirrored, And heaven's within my breast.
Linger, O blessed Redeemer, Leave me alone no more;
And with joy I shall make the blest harbour, And rest on the blissful shore.

Refrain: (Repeat the refrain)

Words by Mary A. Baker, 1874.

Dismiss the congregation.

Copy for three readers (for two weeks).

Peace Be Still

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